

# DIY eSafety checklist



**Do you respect others and only post what you'd say to someone's face?**



**Is your time between screens and other activities well balanced?**



**Do you use strong privacy settings and passwords, and update these regularly?**



**Do you get consent before sharing an image or video of another person?**



**Have you secured your digital lifestyle with the right software and settings?**



# BE THE CHANGE.

Unite for a better internet